Spice & Ginger
discovering food stories

A fresh taste of new food discoveries

New year, new discoveries

Following a spectacular 2023, we plan to spend the new year with new travel and culinary discoveries.

First stop in February: Gran Canaria! Not to sunbathe on a crowded beach, but to learn about the island's culture and natural beauty. My research leads us across mountains and valleys, small villages with colonial houses and gorgeous cathedrals, and along rocky coastlines. We will not overlook the local seafood restaurants in the little fishing communities. Lastly, we look forward to our visit to the modern, fascinating eateries in Las Palmas.

I'm excited for the travel reports that will encourage you to plan your own vacation, as well as new recipes that will brighten up your lunch and dinner!

Recipes

Whether you're aiming for a healthier diet or looking to explore new culinary horizons, you will certainly enjoy my newest blogs! Dig in two healthy and delicious salads, and treat yourself with patatas bravas en millionaire's shortbread.

Fattoush from Zighy Bay, Oman

This Lebanese bread salad is made with lettuce, tomato, cucumber and fresh herbs. It couldn't be simpler than that. What makes fattoush special is the addition of the sour and astringent sumac.

Fattoush

Caesar salad with hot smoked salmon

A Caesar salad can be eaten by itself, but often chicken or roasted shrimp is added, to form a full meal. In Scotland, I ate it with hot smoked salmon. It is a wonderful combo, and I created my own version of it.

Caesar salad

Patatas bravas with aioli

Patatas bravas are a staple on the menu of any Spanish tapas bar. The tastiest patatas bravas I ate came with a spicy tomato sauce and a dollop of aioli. Time to make them at home!

Patatas bravas

Millionaire's shortbread

Millionaire's shortbread is a real treat. The crispy Scottish shortbread cookie gets a layer of creamy caramel topped with crunchy dark chocolate. Mmm, delicious and irresistible.

Millionaire's shortbread

Travel articles

As you plan your trips for 2024, why not consider exploring England or Scotland?
I'll show you some amazing places you can discover there in my new blogs.

Columbia Road Flower Market in London

Columbia Road has plenty to offer besides the countless stalls of flowers and plants. Here's a pick of my favorite places!

Columbia Road Flower Market

7 must do's in Scotland

Other than the classic stops at Edinburgh, Loch Ness and Glencoe, there are numerous unmissable experiences that will make your trip to Scotland even more memorable. Here are some of my favorites.

7 must do's in Scotland

Stay up to date!

Go check out all of our travel and food stories on the brand new website, or follow Spice&Ginger on social media.

Good travels!

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Spice&Ginger
Recipes and blogs by Elkje Van Beveraluys
Photography by Didier Pattyn

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